

The Academy for Sport Leadership

Leadership & Team Building Books and Resources by Dr. Cory Dobbs



The following resources are designed to promote leadership learning and teambuilding for performance. All items are available for purchase. Bulk discounts apply when ordering a set for your team.

Becoming a Team Leader: A Workbook for the Student-Athlete, (2009). \$15.99

The resource that started it all. Our approach for action-oriented learning and performance products started with this workbook for student-athletes. This 9-chapter workbook is perfect for beginning a culture change. The format allows the coach or facilitator to utilize end-of-chapter discussion questions and activities to begin shaping a leadership mindset.

The Coach as a Leadership Educator: Transforming Student-Athletes into Dynamic Team Leaders, (2009). \$10.99

Reconsider the coach's role by adding the responsibility of being or becoming a leadership educator. This handbook is a complement to the *Becoming a Team Leader* workbook for the student-athlete. The 15 short chapters provide a framework for learning in action.

Leadership Quest: A Modern Day Fable on Developing the Leader Within You, (2012). \$9.95

Leadership Quest is a story of a young student-athlete and his journey to learning how to lead his teammates. This book is ideal for your entire team. Leaders will emerge at various times and stages of team development. This story ignites the learning phase. You simply provide the opportunities for your student-athletes to take leadership and team building actions. End of chapter discussion questions. Ideal for use with workbook.

Leadership Quest Workbook, (2012). \$17.95

The workbook follows the story lines of the book. Ideal for "a chapter a week" framework for developing a culture of leadership. Seven chapters plus an overview equals an 8-week class.

Scrimmage: Key Practices for Deliberately Developing Team Leaders, (2013). \$14.99

A blog-type fun read of vital elements of leadership development for the coach and the athlete. A collection of distinctive ideas, thoughts, and practices.

Release Your Team's Potential: 5 Practices for Transforming the Cohesiveness, Confidence, and Commitment of Your Team, (2014). \$14.95 Out of Stock

This book is intended to help you explore ways in which you and your work team can build richer relationships and achieve greater wisdom from the ways in which members talk, think, and act together.

The Five Roles of an Exceptional Team Leader: The Leadership Quest Continues, (2013). \$11.95

A follow-up to Leadership Quest. The story format in Leadership Quest introduced us to Drew Donahue, a young athlete who begins a transformational journey to becoming a team leader. In this book, Donahue takes the next step to becoming an exceptional team leader—for today and tomorrow.

A Leader in Every Locker: Leadership, Culture, & Team Design (Coach's Guidebook), (2016). \$22.99

Here's a disruptive look at the age-old practice of team captaincy. Most teams, today and seemingly forever, anoint only a few team members to be team leaders. In this book the coach is challenged to examine his or her insights and understanding as it relates to motivation, learning, and team performance. Can you really have a leader in every locker? Yes, but you need to be very deliberate in developing teamwork and leadership. This coach's guidebook is used in workshops or as a stand-alone book. It will challenge your assumptions about the role teamwork intelligence and leadership.

Teamwork Intelligence: Building a High-Performance Team Culture, (2017). Student-Athlete Workbook \$24.99 / Facilitator Guidebook. \$20.99

Create the ultimate team building class. The Teamwork Intelligence package is ideal for a 10-12 week course. The comprehensive workbook and the step-by-step framework provided in the facilitator's guide simplify the development of a deep and life-changing class.

To order: Contact us at tami@sportleadership.com or call/text 623.330.3831
Credit card and purchase orders preferred.
Bulk discounts apply.