

Leadership Quest A Modern Day Fable for Developing the Leader within You

Book Description

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In *Leadership Quest* Dr. Cory Dobbs offers student-athletes a leadership fable that is instructive, groundbreaking, and transformative. This book provides a simple yet powerful model of leadership that will, if practiced and followed, build confident and effective team leaders for any sport. Using the power of storytelling Dr. Dobbs presents a proven framework for student-athletes to follow and become exceptional leaders in everyday life. *Leadership Quest* advances an athlete-centered approach to developing the leader within each and every student-athlete.

Drew Donahue, an underperforming student-athlete faces a personal crisis: How to become a high impact team leader and help turn around the fortunes of his team. Drew's leadership quest involves learning to lead from a dynamic peer role model. Taylor Roberts, a classmate and student-athlete, provides Drew with leadership lessons that transform him into an exceptional team leader.

Leadership Quest Workbook

The workbook is designed to provide coaches a tool for helping student-athletes better understand and implement the leadership concepts in *Leadership Quest: A Modern Day Fable for Developing the Leader Within You*.

The workbook is a practical tool for teaching a leadership course, using the model and concepts you find in the book. The workbook follows the outline of the book with a set of activities, readings, exercises, inventories, and case studies for you to teach

With the *Leadership Quest Workbook* you've got a ready-to-teach leadership course based on the book *Leadership Quest*. We've created the lesson plans. You do the teaching.

Organization

The organization of the workbook is based on the book *Leadership Quest*, aligning the activities and exercises with the concepts found in the book.

Each chapter includes:

- Discussion Questions
- Leadership Concepts and Practice
- Self-Insight
- Team Exercise (to be facilitated by student-athletes)
- A Case Study



What They're Saying...

"If you are interested in developing your leadership skills, Cory Dobbs' new book, *Leadership Quest* is the place to start. This is the perfect guide for young athletes just starting their leadership journey or veteran athletes seeking to get back on the right track as a leader. Asking the reader to consider the tough questions and providing action steps critical to success, Cory's message is straightforward and *relentless*."

-Kathy Delaney-Smith, Women's Basketball Coach, Harvard University

Cory has a profound way to masterfully weave storytelling and lessons on leadership. I could not put the book down. His consistent message is that leadership is a tool to be learned and mastered just like an athlete masters his or her sport. As a coaching tool or as a resource for individual pursuit of excellence in athletic leadership, this book is a must read. It helps take the scary out of those who want to be a leader but don't quite know how. This is a great leadership guide! ***-Julie Smith, 1996 Olympic Gold Medalist, Head Softball Coach & Assistant Athletic Director, University of La Verne (CA)***

Brilliant in its simplicity yet rich in its message, this inspiring and empowering fable by Cory Dobbs illuminates the soulful path of athletic leadership and what it means not just for sports but for all of life. I will be recommending this book to all of my student-athletes aspiring to discover their true leader within. Cory's insights on leadership are extraordinary as this book will demonstrate.

-Dr. Jerry Lynch, Sport Psychologist, Author of Creative Coaching and founder of Way of the Champions

Awesome! This may be Cory's best work yet. What I liked most about the fable, *Leadership Quest*, is while it is an easy read, undoubtedly every athlete that reads this book will be able to relate to the journey of leadership. This may be the best part of our summer plans right now...One Book-One Team.

-Tim Dougherty, Head Football Coach, Galesburg High School (IL)

Cory Dobbs truly "gets" leadership for today's young people, and his new book, *Leadership Quest* is an inspirational read! Cory takes old fashion values and creatively shows their importance and application in the team sport setting. The chapter leadership questions will truly inspire your athletes. I truly believe *Leadership Quest* can serve as a tool for you, as a coach, to help change the culture of your team. It is an easy, simple, entertaining read but the influence will be profound for your team.

-Jane Albright, Women's Basketball Coach, University of Nevada at Reno

In working with the Academy for Sport Leadership, I have continued to learn more and more about leadership and how to help foster and grow leaders for my team. Cory's latest book, *Leadership Quest: A Modern Fable for Developing the Leader Within You*, will provide another great training device for my student-athletes. The story is relatable and easy to read with many great messages that my current and future leaders can use to help them on their path to great leadership.

-Keri Sanchez, Head Coach Women's Soccer, Claremont McKenna- Harvey Mudd- Scripps Colleges (CA)

Without a doubt a key element to getting anyone to become willing and able to be a good leader is for the person to develop the “mindset” of a leader. *Leadership Quest* does a great job of helping map out this path for the future leader. It helps to break-down some of the “fears” of wading into developing this mindset, yet is motivational to the reader to see their potential. This is a great read for any potential leader.

-Perry Wilhelm, CMAA, Athletic Director, Mundelein High School (IL)

Leadership Quest by Cory Dobbs is a must read for all student-athletes and coaches. The Leadership principles discussed in the book will help anyone build a successful team!

-Jim Johnson, Boys Basketball Coach, Greece Athena High School (NY), & Author of A Coach and a Miracle.

“Leadership is a skill. Yes, certain people have innate qualities that can make them better at it than others, but everyone can learn how to at least recognize good, ethical leadership when they see it. It has been our privilege to work with Dr. Cory Dobbs since the inception of the Academy for Sports Leadership and watch the powerful message he delivers develop in the team setting. In *Leadership Quest* Cory has encapsulated his entire method for all to read, study, and incorporate.”

-Sam Ballard, Head Men's Basketball Coach, Mesa Community College (AZ)

Cory Dobbs' passion for sport leadership development shines through in this quick and easy read for young emerging leaders. *Leadership Quest* follows a team manual format ideal for driving critical team discussions and nurturing the leader within us all. Dobbs writing highlights the fundamental components of successful teams and does so in a way to appeal to young aspiring sport leaders. *Leadership Quest* is full of inspirational lessons that can be used by coaches and athletes alike.

-Cheyenne Luzynski, Ed.D Doctoral Fellow, former Alma College Coach and Administrator (MI)

Dr. Dobbs has created a must-use tool for coaches who are building passionate, inspired leaders. Coaches should not miss this opportunity to serve their emerging leaders with this book—it is tailor-made for the student athlete.

—Dr. Nicholas Markette, Head Coach, Hamilton High School Boy's Soccer & San Tan Soccer Club President (AZ)

All coaches want student-athletes to step up and lead, but few take the time to show them how. Easy to read and apply, *Leadership Quest* teaches athletes important principles and helpful perspectives on their journey toward becoming dynamic, effective team leaders. An excellent resource with thought-provoking questions to help your student-athletes develop leadership skills necessary for success in both sports and life.

-Stephanie Zonars, Coordinator of Community Outreach, Penn State University Women's Basketball, Author of Leader of the Pack and Wisdom for the Busy Coach

Dr. Cory Dobbs leadership materials have played an integral part in opening my eyes to proper leadership development for me, our players and the Sapulpa Chieftain Football Program. His book *Leadership Quest* provides a systematic approach to building solid leaders in one's program. The phrase "we need more team leaders" is like coaches saying, "we need to be better blockers" and not providing all the proper progression and drill work associated with great blocking. Great programs have great leaders. Dr. Dobbs is the guru of teaching leadership skills! *Leadership Quest* is creatively written for those student-athletes that are serious about their future endeavors. Novice to veteran players and coaches alike will gain invaluable insight to interactive, deliberate ways to building better leaders in their programs.

-Mike Gottsch, Head Football Coach and Asst. Athletic Director, Sapulpa High School (OK)

As a high school coach of eleven years, I have always understood the necessity of effective leadership from my team captains and seniors. When my high expectations were not met, it was due to a lack of knowledge, not character flaws or a lack of effort. I wasn't arming my athletes with the ammunition required to become effective leaders. *Leadership Quest* provides the perfect foundation for building a leadership arsenal for athletics and for life.

-Russ Boyer, Head Coach, Brighton High School Men's Soccer (UT)

The passion for teaching and sharing leadership concepts that develop sport leaders continues with *Leadership Quest*. I found this book packed with valuable leadership concepts and exercises that can be used when working with coaches and student athletes in leadership activities. Cory Dobbs approach remains consistent and connected to his leadership philosophy and the materials developed through the Academy for Sport Leadership.

-Jeff Schreiner, Athletic Director, Monona Grove High School (WI)